

MAMMOGRAPHY



WHAT IS BREAST CANCER?

Breast cancer happens when cells in the breast grow in a harmful way and form lumps called tumors. Some tumors are not dangerous, but others are cancer and can spread to other parts of the body. Getting regular check-ups or screenings can help find cancer early, when it's easier to treat. **Early detection can help protect your health and your life** – for you, your family, and your community.

Breast cancer is the 2ND leading cause of cancer death for Native women.

2ND



SCREENING RECOMMENDATIONS



- Tests: Self-exam, clinical breast exam, mammography and MRI
- Age and Frequency
40 - 49, bi-annual | 50 - 75+, annual
- Screening intervals may vary depending on risk factors and should be discussed with your provider.
- Screening should continue as long as a woman is in good health and is expected to live at least 10 more years.

ABOUT OUR 3D MACHINE

HOLOGIC GENIUS® 3D MAMMOGRAPHY™

Known for its accuracy, speed, comfort, and early detection capabilities. 3D mammograms have been shown to find up to 65% more invasive breast cancers than 2D alone. This is the fastest scan available and the only FDA-approved machine for women with dense breasts!

All imaging will be read by trusted partners ensuring professional reporting and timely results.

1 IN 8
women
will
develop
breast
cancer in
their life.



BREAST CANCER FACTS

- Breast cancer is the most common cancer diagnosed in Native American women.
- Early detection through regular mammography can improve survival rates from breast cancer by up to **40%**.
- Native American women are more likely to be diagnosed at later stages of breast cancer, **7%** more likely to get breast cancer, and **10%** more likely to die from it than non-Hispanic white women.
- Native American **men** are at a slightly higher risk compared to white men. The lifetime risk of a U.S. man developing breast cancer is about **1 in 726**. Men should do frequent self-checks.

MAMMOGRAPHY AT YELLOWHAWK

- Dedicated to continuing our commitment to improving the health and well-being of Native people through accessible, culturally respectful care.
- We aim to empower our community in taking care of their health by providing vital breast cancer screenings close to home.
- Routine screening appointments available through our medical department.

People should get familiar with their breast tissue by learning how they look and feel. This can help you notice any changes in your breast tissue. These changes can include lumps, pain, tissue discoloration or texture changes, and size. If you have any concerns about your breast tissue, talk to your healthcare provider as soon as possible.

Schedule your appointment today!

541.240.8499

ALL BREASTS HAVE TISSUE!